

H tea book



All 'tea' comes from the same plant, Camellia Sinensis. These include white, black, green, oolong, and pu-erh teas.

"There is a separate category for herbal blends and fruit infusions, which are more properly characterized as tisanes. A tisane refers to a caffeine-free blend consisting of herbs, botanicals and/or fruits prepared like a tea, but technically not a tea. If the drink does not have tea leaves from Camellia Sinensis, it is not a tea." - Art of Tea

Here at The Modern Rose we have one tisane that is not herbal - a house blend called Hibiscus Cooler. Caffeinated through the use of guayusa, a green bush native to the Amazon (similar to Yerba Mate), it is an energizing pick-meup and refreshing treat balanced with lemongrass, hibiscus, and natural stevia. Pro tip - try it with maple syrup and cinnamon on top to try the "Mood-Lifting Maple Hibiscus".

Most of our teas and tisanes are completely organic, and all are intently sourced for their quality, flavor profile, and story. We purchase locally whenever possible, but also source some single-origin teas to offer our guests rare experiences (e.g. Dragonwell).

The following is a list of our teas and tisanes. Ask your barista if you'd like to make a custom blend, to purchase loose leaf tea, or anything else we can help you with. Remember - enjoying your time at The Modern Rose is a memorable experience, and we're here to help you.

A sincere thank you.



# OUR FAVORITES

For Energy Endurance Matcha

When Feeling Down Happy Bright-Eyed

To Soothe the Soul For Her Mandarin Silk Tulsi

To Heal the Body Cleanse French Lemon Ginger Feel Better

To Excite Your Taste Buds Caramelized Pear Banana Dulce Maui Garden of Eden Blueberry Wild Child



# MAO JIAN JASMINE

An organic green tea that has been repeatedly baked and scented with fresh and fragrant night-blooming jasmine blossoms. This jasmine green tea has beautiful floral and sweet notes.

INGREDIENTS: ORGANIC GREEN TEA, ORGANIC JASMINE FLOWER

#### CLEANSE

This proprietary blend of traditional organic tea and purifying herbs combine delicious flavor and a gentle, yet effective way of regulating the body's natural cleansing process. With citrus, berry, and spicy notes, this ayurvedic tea is a perfect cup of bliss.

INGREDIENTS: ORGANIC GREEN TEA, ORGANIC ORANGE PEEL, ORGANIC CINNAMON, ORGANIC GINGER, ORGANIC SENNA, ORGANIC CACAO NIBS, ORGANIC FENNEL, ORGANIC POMEGRANATE ARILS

# DRAGONWELL\*

Sip Dragonwell tea for a legendary experience. This Chinese green tea is prized for its unique, flat, sword-shaped leaves and jade green color. Our organic Dragonwell tea exhibits a fresh, clean aroma and gentle, mellow flavor.

INGREDIENTS: ORGANIC GREEN TEA

# HAPPY

Sweet raspberries are perfectly balanced by tangy fresh hibiscus flowers while the indulgent, floral scent of jasmine carries this slightly stimulating guayusa tea blend to a place that could only be described as Happy! This uplifting tea is fruity and light, perfect for any time of day.

INGREDIENTS: ORGANIC GUAYUSA, ORGANIC RASPBERRIES, ORGANIC APPLE BITS, ORGANIC JASMINE GREEN TEA, ORGANIC HIBISCUS, ORGANIC ROSEHIPS, NATURAL FLAVORS

#### MAUI

Organic green tea infused with tropical flavors of pineapple, mango, and papaya offering a sweet and refreshing cup of tea. This pineapple green tea is filled with bright and fruity notes in each cup.

INGREDIENTS: ORGANIC GREEN TEA, PINEAPPLE, ORGANIC SAFFLOWERS, CORNFLOWERS, NATURAL FLAVOR

#### GREEN POMEGRANATE

Sweeten your senses with a tart and tangy rush to the palate from this pomegranate green tea. Select organic green tea is hand tossed in a large wok, dried to perfection, then carefully blended with organic raspberries and essence of pomegranate.

INGREDIENTS: ORGANIC GREEN TEA, ORGANIC BLACK TEA, ORGANIC ROSEHIPS, ORGANIC RASPBERRIES, NATURAL FLAVOR

#### CUCUMBER WATERMELON

This refreshing summery blend is locally sourced, bright and energizing.

INGREDIENTS: GREEN TEA, CUCUMBER SLICES, NATURAL FLAVOR

W fatcha

MODERN MATCHA

Ceremonial Grade, Farm-Direct from Kagoshima, Japan





## ROOIBOS CHAI

A vibrant caffeine-free alternative to the classic Indian inspired chai tea. This full and savory wholesale rooibos chai tea blend has the perfect amount of spice.

INGREDIENTS: ORGANIC ROOIBOS, ORGANIC CARDAMON, ORGANIC CLOVES, ORGANIC CINNAMON, ORGANIC GINGER, NATURAL FLAVORS

#### BANANA DULCE

A serendipitous herbal blend with savory notes of ripe banana & sweet coconut, with a lingering aroma of fresh graham crackers and a deep caramel finish. It brews a wonderful, yet soothing treat reminiscent of warm banana bread.

INGREDIENTS: ROOIBOS, ORGANIC CHAMOMILE, ORGANIC BANANA BITS, ORGANIC LEMONGRASS, ORGANIC COCONUT SHREDS, ORGANIC LAVENDER, NATURAL FLAVORS

#### FRENCH LEMON GINGER

This ginger tea is a soothing, organic blend comprised of spicy, grassy, and citrus flavor notes. French Lemon Ginger is a caffeine free rooibos blend that brews a delightful pot every time.

INGREDIENTS: ORGANIC ROOIBOS, ORGANIC HONEYBUSH, ORGANIC LEMONGRASS, ORGANIC GINGER, ORGANIC LEMON VERBENA

#### FOR HER

A floral, creamy caffeine-free blend that was formulated to support every woman by restoring balance in the body, mind, and soul. With botanicals and herbs such as organic shatavari and hibiscus, this blend has a smooth and round finish.

INGREDIENTS: ORGANIC SHATAVARI, ORGANIC FENNEL, ROSES, GREEN ROOIBOS, ORGANIC LAVENDER, CHRYSANTHEMUM, ORGANIC HIBISCUS, NATURAL FLAVORS

# BLUEBERRY WILD CHILD

Blueberries, apples and hibiscus burst through this antioxidant-rich herbal tea to bring you bold and refreshing flavor. Both sweet and tart, this wild thing will make your heart sing!

INGREDIENTS: APPLE, ELDERBERRY, HIBISCUS, BLUEBERRY, ROSEHIP, POMEGRANATE, BLUE CORNFLOWER

## SLEEP

Sleep organic tea is a superb calming blend that has smooth and minty flavor notes. Steep this caffeine-free blend for sleep to aide in mellowing your senses.

INGREDIENTS: ORGANIC CHAMOMILE, ORGANIC
SPEARMINT, ORGANIC LEMON BALM, ORGANIC VALERIAN,
ORGANIC LEMONGRASS, ORGANIC PASSION FLOWERS,
ORGANIC ROSE PETALS

#### CARAMELIZED PEAR

A delectable dessert infusion with sweet and flavorful notes of honey, caramel, and fresh-baked pear.

INGREDIENTS: ROOIBOS, ORGANIC HONEYBUSH, ORGANIC APPLE BITS, ORGANIC MARIGOLDS, NATURAL AND ARTIFICIAL FLAVORS

#### FEEL BETTER

Our Feel Better signature blend is based on traditional Ayurvedic practices. Herbs and botanicals are mindfully blended together to help rebuild wellness starting from within. Brew this blend for a citrus, spicy cup.

INGREDIENTS: ORGANIC GREEN ROOIBOS, ORGANIC FENNEL, ORGANIC LINDEN FLOWER, ORGANIC ORANGE PEEL, ORGANIC RASPBERRIES, ORGANIC LICORICE ROOT, ORGANIC NEEM, ORGANIC CINNAMON, ORGANIC ELDERBERRIES, ORGANIC ECHINACEA, ORGANIC CHILI PEPPER

#### ROSEHIPS & HIBISCUS

Rosehips shells and red hibiscus petals are handblended together for a refreshing blend. Sip this crisp, tart, caffeine-free pairing hot or over ice at any time of day.

INGREDIENTS: ORGANIC ROSEHIPS, ORGANIC HIBISCUS

#### PACIFIC COAST MINT

A stunning blend of bulk organic spearmint and organic peppermint teas that are domestically grown and harvested on the picturesque Oregon and California coasts. This caffeine-free mint tisane is perfect for sipping after a heavy meal at any time of day.

INGREDIENTS: ORGANIC PEPPERMINT, ORGANIC SPEARMINT

#### TULSI (HOLY BASIL)

Tulsi is a sacred, Indian herb that is commonly referred to as the Holy Basil or the Elixir of Life. The herb is in the basil family, but rather carries a light, minty taste. Our blend is an adaptogenic blend of all three varieties of Tulsi: Krishna, Rama, and Vana.

INGREDIENTS: ORGANIC KRISHNA TULSI, ORGANIC RAMA TULSI, ORGANIC VANA TULSI

#### HIBISCUS COOLER

A refreshing blend of guayusa and hibiscus flowers, highlighted by notes of lemongrass and perfectly balanced by the natural sweetness of succulent stevia leaves. This organic hibiscus tea blend is a sweet, tart, and fruity infusion that is delightful to sip both hot and over ice. CAFFEINATED

INGREDIENTS: ORGANIC HIBISCUS, ORGANIC GUAYUSA, ORGANIC LEMONGRASS. ORGANIC STEVIA LEAVES

# EGYPTIAN CHAMOMILE & LAVENDER

Egyptian Chamomile is filled with sweet, calming flavor notes. French lavender helps complete this caffeine-free tisane, making it soothing and calming, perfect for any time of day.

INGREDIENTS: ORGANIC EGYPTIAN CHAMOMILE, ORGANIC FRENCH LAVENDER



GUAYUSA YERBA MATE EGYPTIAN CHAMOMILE ROYAL CHRYSANTHEMUM LAVENDER ROSE
ROSEHIPS
LEMONGRASS
HIBISCUS
SOUTH AFRICAN ROOIBOS

Black & Ju- Sch Jeas

#### CLASSIC BLACK

Our organic black tea is sourced from family tea gardens in the Darjeeling and Assam regions of India.

INGREDIENTS: ORGANIC BLACK TEA

#### BROOKLYN

An organic vanilla black tea blend with a twist. Brooklyn has a bright black tea base with flavor notes of Madagascar vanilla for a full bodied, malty morning brew.

INGREDIENTS: ORGANIC BLACK TEA, ORGANIC MARIGOLDS, CORNFLOWERS. NATURAL FLAVORS

# MYSTIC COAST

This loose leaf black tea blend transports consumers to California's majestic stretch of coastline with each sip. Mystic Coast is an organic black tea blend that combines the flavors of citrus and french vanilla together with refreshing sweet notes of pristine organic mint for the ultimate morning cup.

INGREDIENTS: ORGANIC BLACK TEA, ORGANIC SPEARMINT, ORGANIC PEPPERMINT, CORNFLOWERS

#### I O N D O N

A delicious twist on a traditional favorite. Our London tea blend elicits sweet, fragrant floral notes followed by a rich citrusy finish.

INGREDIENTS: ORGANIC BLACK TEA, ORGANIC LAVENDER, NATURAL OIL OF BERGAMOT

## GARDEN OF EDEN

An exotic medley with an enticing floral aroma. Garden of Eden combines loose leaf black tea with high notes of summer ripened mangoes and passionfruit. This elixir steeps a vibrant reddish hue with a clean, sweet finish.

INGREDIENTS: ORGANIC BLACK TEA, MALVA FLOWERS, ORGANIC CORNFLOWERS, ORGANIC SAFFLOWERS, NATURAL FLAVORS

#### TALI'S MASALA CHAI

A chai tea blend above all others. Tali's Masala Chai is a fusion of organic Assam tea anchored in cardamom, cinnamon, ginger, and other spices for a balanced aromatic black tea blend. With round and savory notes, this masala chai is certain to delight all of your senses.

INGREDIENTS: ORGANIC BLACK TEA, ORGANIC CINNAMON, ORGANIC CLOVES, ORGANIC CARDAMOM, ORGANIC ORANGE PEEL

#### LYCHEE PEACH

A sweet and fruity black tea blend. We've taken the essence of lychee, mixed it with peach and infused it in organic black tea for a cup filled with notes of apricot, osmanthus, and ripe pear. Enjoy this peach black tea hot or iced.

INGREDIENTS: BLACK TEA, SAFFLOWERS, NATURAL FLAVORS

# ENDURANCE

Endurance blend is comprised of adaptogen herbs that are traditionally used for increasing stamina. This organic energy tea was developed to condition the body by neutralizing the harmful effects of free radicals, oxygenating the blood, promoting circulation, and increasing the body's overall resilience for a quicker recovery.

INGREDIENTS: ORGANIC CINNAMON, ORGANIC PU-ERH, ORGANIC ELEUTHRO ROOT, ORGANIC GOJI BERRIES, ORGANIC SCHIZANDRA BERRIES, ORGANIC NETTLE LEAF, ORGANIC OATSTRAW, ORGANIC ASHWAGANDA ROOT. NATURAL FLAVORS



#### NAMASTE

Great before or after yoga practice. A full bodied tea with a hint of orange blossom sweetness. Namaste a tea head!

INGREDIENTS: BLACK TEA, GREEN TEA, OOLONG TEA, JASMINE FLOWERS. NATURAL ORANGE BLOSSOM FLAVORS

# MANDARIN SILK\*

Our Mandarin Silk tea is a smooth, rich blend of Pouchong tea leaves blended with lemon myrtle and vanilla essence. With creamy and citrus notes, this oolong tea is certain to delight your senses.

INGREDIENTS: OOLONG TEA, ORGANIC LEMON MYRTLE, ORGANIC MARIGOLDS, NATURAL FLAVORS

#### JASMINE ANCIENT BEAUTY\*

A superb jasmine oolong tea that is hand harvested from thousand year old trees that are estimated to be 5,000 feet above sea level and enshrouded in mist on Jing Mai Mountain in China. The best buds and leaves are plucked and traditionally oxidized and crafted with traditional scenting techniques with whole jasmine blossoms. Brews an amber peach hue with a sweet refreshing taste.

INGREDIENTS: ORGANIC OOLONG TEA. JASMINE



#### TROPICAL WHITE

This is a sensuous and refreshing organic white tea blend with breezy aromatics and flavors highlighted by tropical notes of citrus, champagne and fragrant flowers. This organic white tea is a delicious medley of organic fruits, organic flower petals and is infused with all natural champagne, mango and orange flavors.

INGREDIENTS: ORGANIC WHITE TEA, ORGANIC ORANGE PEEL, ORGANIC APPLE, ORGANIC PEACH, ORGANIC POMEGRANATE, ORGANIC HIBISCUS, ORGANIC ROSES, ORGANIC MARIGOLDS WITH NATURAL CHAMPAGNE, MANGO AND ORANGE FLAVORS

## WHITE COCONUT CREME

A dreamy, tropical coconut white tea. White Coconut Crème tea has a light body and smooth creamy texture.

INGREDIENTS: ORGANIC WHITE TEA, ORGANIC SAFFLOWER,
CORNFLOWERS, ORGANIC COCONUT, NATURAL AND ARTIFICIAL FLAVORS
\*CONTAINS COCONUT

# WHITE PEONY

Our organic White Peony tea is only harvested for a few weeks each year in the northern district of Fujian, China. This Chinese white tea is handpicked and has many buds resulting in a fresher and sweeter taste than most white teas.

INGREDIENTS: ORGANIC WHITE TEA

Hand-crafted experience, made with love for you

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